

Frozen

Supplies you will need:

- Movie
- Bible

Before you start

- Read through all of the discussion questions and Bible verses on your own.
- Mark each Bible verse with a bookmark so that you do not need to spend extra time looking them up later.
- Decide if you will read the Bible verses and say the prayer or if you will ask a family member to be in charge of those parts.

Watch the movie together as a family. When the movie is over, walk through the discussion questions together. Read all of the Bible verses and make sure that each person has a chance to share.

Questions to get the discussion started:

1. What was your favorite part of the movie?
2. Did you learn anything from the movie?
3. What do you think is stopping Elsa from living her life outside of the castle or being closer with her sister Anna?
4. What are some ways that fear can stop us from enjoying life?

Fear: Let It Go

Read: 2 Timothy 1:7

Ask: Does fear come from God? (No, Love comes from God)

Say: Elsa was scared of hurting other people with her powers and people finding out that she was different. Once Elsa wasn't afraid anymore, she was able to let go of the fear and use her special abilities to create a castle and many other beautiful things. God has given all of us special gifts (no, not freezing things). When we are able to let go of our fears, we are able to use our gifts for Him.

Fixer Uppers

Read: Romans 3:10-12

Ask: Are we perfect, or are we all fixer uppers?

Ask: What did the song in the movie say was the only way to fix a fixer upper? (True Love)

Read: Romans 5:8

Ask: In the Bible, how did Jesus show us true love? (He died for us, when he didn't have to.)

Say: In the movie, Anna was dying from a frozen heart, have someone have a frozen heart in our life?

Ask: What are some signs of a frozen heart? (not happy, sad, no hope)

Ask: What was the one way to save Anna? (True Love)

Say: At the end of the movie, Anna sacrificed herself to save her sister Elsa (an act of true love itself).

Ask: How was Elsa able to gain control of her powers and unfreeze Arendelle? (Through the power of love)

Love Thaws Frozen Hearts

Read: 1 John 4:18

Say: Jesus shows us true love by dying on the cross for us. He is able to heal our hearts and help all of us who are fixer uppers.

Pray: (Use the prayer below or make up your own)

Loving Father, We know that we are fixer uppers and that we are in need of your forgiveness and love. Help us to remember Jesus' death on the cross was about your never ending love for all people. In Jesus name we pray, Amen.