

You know that many runners  
enter a race, and only one  
of them wins the prize.

**So run to win!**

Athletes work hard  
to win a crown that  
cannot last, but we  
do it for a crown  
that will last forever.

1 Corinthians 9:24-25 CEV

Fifth Sunday after the Epiphany  
February 3-4, 2024

# As We Gather

**HOLY COMMUNION AT HOLY CROSS** is celebrated in accordance with the Lutheran confession that Christ's body and blood are truly given to us with the bread and wine to give forgiveness of sins, life, and salvation to repentant, reconciled believers in Christ. Missouri-Synod Lutherans united with us in that confession are invited to receive the Sacrament with us. Others who desire to commune should first speak with a Pastor or an Elder.

- For those whose health or circumstance may require it, Holy Cross offers an alcohol-removed red wine (containing less than 0.5% alcohol) located in the center of each Communion tray.
- Gluten-free wafers are available upon request to a Pastor or Elder before the service.
- If you want communion in the pew, please let an usher or Elder know before the service.
- Please do **not** stack the plastic communion cups in the baskets. Stacked cups stick together and hinder the rinsing process. Thank you.

**ATTENDANCE PADS:** We invite members and guests alike to take a moment to sign the red fellowship pad located at the end of the pew by the center aisle. Please provide contact information if you are interested in membership or if you would like to be contacted by the church. After signing, please pass it to your neighbor and then return it to its spot by the aisle.

**LIVE-STREAMING of 8 AM SERVICE WEEKLY:** Holy Cross live streams the 8 AM service each Sunday on a link at our website ([hcross.com](http://hcross.com)). We provide this service for our members who cannot attend worship. The video perspective from the choir loft looks toward the altar and shows all aspects of the service from the sixth row of pews forward. This includes baptisms, children's talks, and communion.

# Fifth Sunday after the Epiphany

Divine Service, Setting One LSB 151

February 3-4, 2024

**Prelude** Speak, O Lord

Getty/Townend, arr. Jason Payne

## Confession and Absolution

**Opening Hymn:** *Your Hand, O Lord, in Days of Old*

LSB 846

*The sign of the cross ✠ may be made by all in remembrance of their Baptism.*

**P** In the name of the Father and of the ✠ Son and of the Holy Spirit.

**C** Amen.

**P** If we say we have no sin, we deceive ourselves, and the truth is not in us.

**C** **But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.**

*Silence for reflection on God's Word and self-examination.*

**P** Let us then confess our sins to God our Father.

**C** **Most merciful God, we confess that we are by nature sinful and unclean. We have sinned against You in thought, word, and deed, by what we have done and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We justly deserve Your present and eternal punishment. For the sake of Your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in Your will and walk in Your ways to the glory of Your holy name. Amen.**

**P** Almighty God in His mercy has given His Son to die for you and for His sake forgives you all your sins. As a called and ordained servant of Christ, and by His authority, I therefore forgive you all your sins in the name of the Father and of the ✠ Son and of the Holy Spirit.

**C** Amen.

## Service of the Word

**Introit**

*Psalm 13:3-5; antiphon: v. 6*

**A** I will sing to the LORD,

**C** **because He has dealt bountifully with me.**

**A** Consider and answer me, O LORD my God;

**C** **light up my eyes, lest I sleep the sleep of death,**

**A** lest my enemy say, "I have prevailed over him,"

**C** lest my foes rejoice because I am shaken.

**A** But I have trusted in Your steadfast love;

**C** my heart shall rejoice in Your salvation.

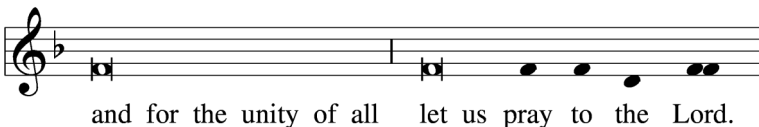
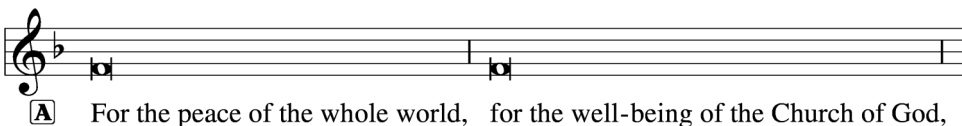
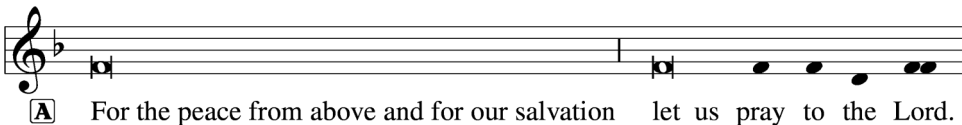
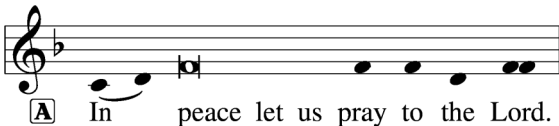
**All:** Glory be to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning, is now, and will be forever. Amen.

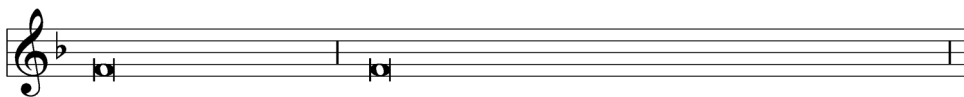
**A** I will sing to the LORD,

**C** because He has dealt bountifully with me.

## Kyrie

LSB 152





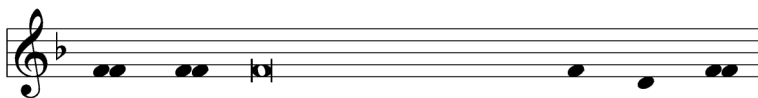
**A** For this holy house and for all who offer here their worship and praise



let us pray to the Lord.



**C** Lord, have mer - cy.



**A** Help, save, comfort, and defend us, gra - cious Lord.



**C** A - men.

## Gloria in Excelsis

LSB 154



**A** Glory to God in the highest, and peace to His peo - ple on earth.



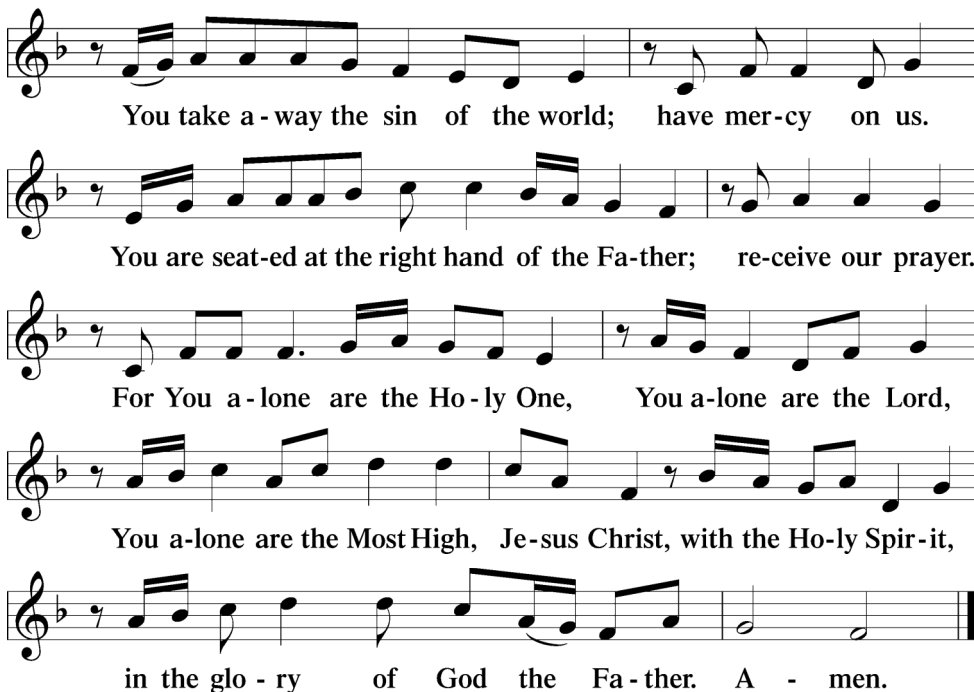
**C** Lord God, heav-en-ly king, al-might-y God and Fa - ther:



We wor-ship You, we give You thanks, we praise You for Your glo-ry.



Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God:



You take a - way the sin of the world; have mer - cy on us.

You are seat - ed at the right hand of the Fa - ther; re - ceive our prayer.

For You a - lone are the Ho - ly One, You a - lone are the Lord,

You a - lone are the Most High, Je - sus Christ, with the Ho - ly Spir - it,

in the glo - ry of God the Fa - ther. A - men.

## Salutation and Collect of the Day

**P** The Lord be with you.



**C** And al - so with you.

**P** Let us pray.

O Lord, keep Your family the Church continually in the true faith that, relying on the hope of Your heavenly grace, we may ever be defended by Your mighty power; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

**C** Amen.

## Old Testament Reading: Isaiah 40:21-31

*Please Sit*

**A** The Old Testament Reading for the Fifth Sunday after the Epiphany is from Isaiah, chapter 40.

**P** Do you not know? Do you not hear?  
 Has it not been told you from the beginning?  
 Have you not understood from the foundations of the earth?  
<sup>22</sup>It is he who sits above the circle of the earth,  
 and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain,  
and spreads them like a tent to dwell in;  
<sup>23</sup>who brings princes to nothing,  
and makes the rulers of the earth as emptiness.  
<sup>24</sup>Scarcely are they planted, scarcely sown,  
scarcely has their stem taken root in the earth,  
when he blows on them, and they wither,  
and the tempest carries them off like stubble.

<sup>25</sup>To whom then will you compare me,  
that I should be like him? says the Holy One.

<sup>26</sup>Lift up your eyes on high and see:  
who created these?  
He who brings out their host by number,  
calling them all by name,  
by the greatness of his might,  
and because he is strong in power  
not one is missing.

<sup>27</sup>Why do you say, O Jacob,  
and speak, O Israel,  
“My way is hidden from the LORD,  
and my right is disregarded by my God”?

<sup>28</sup>Have you not known? Have you not heard?  
The LORD is the everlasting God,  
the Creator of the ends of the earth.  
He does not faint or grow weary;  
his understanding is unsearchable.

<sup>29</sup>He gives power to the faint,  
and to him who has no might he increases strength.

<sup>30</sup>Even youths shall faint and be weary,  
and young men shall fall exhausted;

<sup>31</sup>but they who wait for the LORD shall renew their strength;  
they shall mount up with wings like eagles;  
they shall run and not be weary;  
they shall walk and not faint.

**A** This is the Word of the Lord.

**C** **Thanks be to God.**

### **Epistle:** I Corinthians 9:16-27

**A** The Epistle is from First Corinthians, chapter 9.

**I**f I preach the gospel, that gives me no ground for boasting. For necessity is laid upon me. Woe to me if I do not preach the gospel!

<sup>17</sup>For if I do this of my own will, I have a reward, but not of my own will, I

am still entrusted with a stewardship. <sup>18</sup>What then is my reward? That in my preaching I may present the gospel free of charge, so as not to make full use of my right in the gospel.

<sup>19</sup>For though I am free from all, I have made myself a servant to all, that I might win more of them. <sup>20</sup>To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though not being myself under the law) that I might win those under the law. <sup>21</sup>To those outside the law I became as one outside the law (not being outside the law of God but under the law of Christ) that I might win those outside the law. <sup>22</sup>To the weak I became weak, that I might win the weak. I have become all things to all people, that by all means I might save some. <sup>23</sup>I do it all for the sake of the gospel, that I may share with them in its blessings.

<sup>24</sup>Do you not know that in a race all the runners compete, but only one receives the prize? So run that you may obtain it. <sup>25</sup>Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. <sup>26</sup>So I do not run aimlessly; I do not box as one beating the air. <sup>27</sup>But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

**A** This is the Word of the Lord.

**C** Thanks be to God.

## Alleluia and Verse

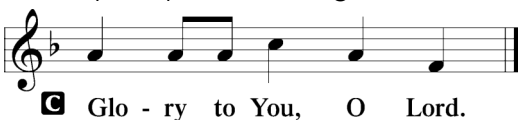
*Please stand*



**C** Al - le - lu - ia. Lord, to whom shall we go? You have the words of e - ter - nal life. Al - le - lu - ia, al - le - lu - ia.

## Holy Gospel: Mark 1:29-39

**P** The Holy Gospel according to St. Mark, the first chapter.



**C** Glo - ry to You, O Lord.



Immediately [Jesus] left the synagogue and entered the house of Simon and Andrew, with James and John. <sup>30</sup>Now Simon's mother-in-law lay ill with a fever, and immediately they told Him about her. <sup>31</sup>And He came and took her by the hand and lifted her up, and the fever left her, and she began to serve them.

<sup>32</sup>That evening at sundown they brought to Him all who were sick or oppressed by demons. <sup>33</sup>And the whole city was gathered together at the door. <sup>34</sup>And He healed many who were sick with various diseases, and cast out many demons. And He would not permit the demons to speak, because they knew Him.

<sup>35</sup>And rising very early in the morning, while it was still dark, He departed and went out to a desolate place, and there He prayed. <sup>36</sup>And Simon and those who were with Him searched for Him, <sup>37</sup>and they found Him and said to Him, "Everyone is looking for You." <sup>38</sup>And He said to them, "Let us go on to the next towns, that I may preach there also, for that is why I came out." <sup>39</sup>And He went throughout all Galilee, preaching in their synagogues and casting out demons.

**P** This is the Gospel of the Lord.



**G** Praise to You, O Christ.

## Children's Talk

*Please be seated/Sunday only*

**Hymn of the Day:** O Son of God, in Galilee

*LSB 841*

## Sermon

## Reception of New Members

## Nicene Creed

*Please stand*

I believe in one God,  
the Father Almighty,  
maker of heaven and earth and of all things visible and invisible.

And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of His Father before all worlds,  
God of God, Light of Light,

very God of very God,  
begotten, not made,  
being of one substance with the Father,  
by whom all things were made;  
who for us men and for our salvation came down from heaven  
and was incarnate by the Holy Spirit of the virgin Mary  
and was made man;  
and was crucified also for us under Pontius Pilate.  
He suffered and was buried.  
And the third day He rose again according to the Scriptures  
and ascended into heaven  
and sits at the right hand of the Father.  
And He will come again with glory  
to judge both the living and the dead,  
whose kingdom will have no end.

And I believe in the Holy Spirit,  
the Lord and giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son together is worshiped and glorified,  
who spoke by the prophets.  
And I believe in one holy Christian and apostolic Church,  
I acknowledge one Baptism for the remission of sins,  
and I look for the resurrection of the dead  
and the life ✠ of the world to come. Amen.

## Prayer of the Church

*Additional petitions conclude:*

- P** Lord, in Your mercy,
- C** Hear our prayer.

*The prayers conclude:*

- P** Into Your hands, O Lord, we commend all for whom we pray,  
trusting in Your mercy, through Your Son Jesus Christ, our Lord.
- C** Amen.

## Offering

*Please be seated*

*As offerings are gathered, please take a moment to sign the red fellowship pad located at the end of the pew by the center aisle. If you are interested in membership, please provide a phone number or email address so that we may contact you.*

**Voluntary:** Adagio from *Toccata Undecima*

Georg Muffat

## Service of the Sacrament

### Preface

*LSB 160; Please Stand*

- P** The Lord be with you.  
**C** **And also with you.**
- P** Lift up your hearts.  
**C** **We lift them to the Lord.**
- P** Let us give thanks to the Lord our God.  
**C** **It is right to give Him thanks and praise.**

### Proper Preface

- P** It is truly good, right, and salutary that we should at all times and in all places give thanks to You, holy Lord, almighty Father, everlasting God, through Jesus Christ, our Lord; for what had been hidden from before the foundation of the world You have made known to the nations in Your Son. In Him, being found in the substance of our mortal nature, You have manifested the fullness of Your glory. Therefore with angels and archangels and with all the company of heaven we laud and magnify Your glorious name, evermore praising You and saying:

### Sanctus: Holy, Holy, Holy

*LSB 161*



**C** Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might:  
Heav-en and earth are full of Your glo-ry. Ho - san-na. Ho -  
san-na. Ho - san - na in the high - est. Bless - ed is He who  
comes in the name of the Lord. Ho-san-na in the high - est.

## Prayer of Thanksgiving

LSB 161

**P** Blessed are You, Lord of heaven and earth, for You have had mercy on those whom You created and sent Your only-begotten Son into our flesh to bear our sin and be our Savior. With repentant joy we receive the salvation accomplished for us by the all-availing sacrifice of His body and His blood on the cross.

Gathered in the name and the remembrance of Jesus, we beg You, O Lord, to forgive, renew, and strengthen us with Your Word and Spirit. Grant us faithfully to eat His body and drink His blood as He bids us do in His own testament. Gather us together, we pray, from the ends of the earth to celebrate with all the faithful the marriage feast of the Lamb in His kingdom, which has no end. Graciously receive our prayers; deliver and preserve us. To You alone, O Father, be all glory, honor, and worship, with the Son and the Holy Spirit, one God, now and forever.

**C** Amen.

## Lord's Prayer

LSB 162

**P** Lord, remember us in Your kingdom and teach us to pray:

**C** **Our Father who art in heaven,**  
**hallowed be Thy name,**  
**Thy kingdom come,**  
**Thy will be done on earth**  
**as it is in heaven;**  
**give us this day our daily bread;**  
**and forgive us our trespasses**  
**as we forgive those**  
**who trespass against us;**  
**and lead us not into temptation,**  
**but deliver us from evil.**  
**For Thine is the kingdom**  
**and the power and the glory**  
**forever and ever. Amen.**

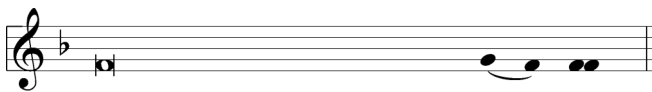
## Words of Our Lord *Matthew 26:26–28; Mark 14:22–24; Luke 22:19–20; 1 Corinthians 11:23–25*

**P** Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My  $\text{✠}$  body, which is given for you. This do in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the new testament in My  $\text{✠}$  blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

## The Peace of the Lord

LSB 163



**P** The peace of the Lord be with you al - ways.



**A** - men.

## Agnus Dei: Lamb of God

LSB 163



**A** Lamb of God, You take a - way the sin of the world; have



mer-cy on us. Lamb of God, You take a - way the sin of the



world; have mer-cy on us. Lamb of God, You take a - way the



sin of the world; grant us peace.

## Communion Distribution

*Please be seated*

*Please see notice on page 2.*

## Distribution Hymns

LSB 620 Jesus Comes Today with Healing

LSB 398 Hail to the Lord's Anointed

LSB 797 Praise the Almighty

## Dismissal

*Please Stand*

- P** The body and blood of our Lord Jesus Christ strengthen and preserve you in body and soul to life everlasting. Depart  $\text{✠}$  in peace.
- C** Amen.

## Thank the Lord

*LSB 164*



- C** Thank the Lord and sing His praise; tell ev-'ry-one what He has done.



Let all who seek the Lord re - joice and proud-ly bear His name.



He re-calls His prom-is - es and leads His peo-ple forth in joy



with shouts of thanks-giv-ing. Al-le - lu - ia, al-le - lu - ia.

## Post-Communion Collect

- A** Let us pray.  
We give thanks to You, almighty God, that You have refreshed us through this salutary gift, and we implore You that of Your mercy You would strengthen us through the same in faith toward You and in fervent love toward one another; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.
- C** Amen.

## Benediction

*LSB 166*

- P** The Lord bless you and keep you.  
The Lord make His face shine on you and be gracious to you.  
The Lord look upon you with favor and  $\text{✠}$  give you peace.
- C** Amen.

## Closing Hymn: Fight the Good Fight

LSB 664

1 Fight the good fight with all your might; Christ is your  
2 Run the straight race through God's good grace; Lift up your  
3 Cast care a - side, lean on your guide; His bound-less  
4 Faint not nor fear, His arms are near; He chang - es

strength, and Christ your right. Lay hold on life, and  
eyes, and seek His face. Life with its way be -  
mer - cy will pro - vide. Trust, and en - dur - ing  
not who holds you dear; On - ly be - lieve, and

[illegible]

it	shall	be	Your	joy	and	crown	e -	ter -	nal -	ly.
fore	us	lies;	Christ	is	the	path,	and	Christ	the	prize.
faith	shall	prove	Christ	is	your	life	and	Christ	your	love.
you	will	see	That	Christ	is	all	e -	ter -	nal -	ly.

## Silent Prayer & Chimes

## Postlude: Fight the Good Fight

Stephen Weber

# Holy Cross Lutheran Church & Pręschool

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*With the help of God, Holy Cross Lutheran Church  
grows disciples and transforms hearts for Christ.*

## Serving in God's House February 3-4, 2024

Preacher		Seminarian Vincent Otto
Liturgist on Saturday		Rev. Keith Wachter
Liturgist on Sunday		Pastor Andrew J. Gimbel
Director of Christian Education		Charity Smith
Director of Music		David Gilson
Elder	3PM	Jerry Lancour
	8AM	John Bertram
	10:45AM	John Bertram
Ushers	3PM	Donald Duncan, John Jackson
	8AM	To be decided
	10:45AM	To be decided

### Acknowledgments

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